

For more than 80 years, Vista Center has been providing support and services to people of all ages in four Northern California counties - teaching how to live in a sighted world, when your eyesight is diminishing. Learning new skills to commute, read, cook, and to use technology are critical services provided - often at no charge to clients.

Defining life goals, creating a loving family, challenging your intellect, exercising, and contributing to the greater good, are things everyone needs to maintain an emotional balance and overall mental health.

The social and emotional support needed by people with vision impairment is essential - Vista Center strengthens clients' emotional journey with compassion, education, encouragement, and the fundamental belief that people with vision impairment can live the life they desire, with independence, joy, and confidence.

Our mission is to empower individuals who are blind or visually impaired to embrace life to the fullest through evaluation, counseling, education, and training

# **Programs and Services**

## Safe & Healthy Living

To assess the individual needs of a client and develop a customized plan of action for teaching the skills that enable independence.

- Social Services
- Orientation & Mobility
- Daily Living Skills
- Counseling & Support Groups
- Shared Paths Adult Recreation
- The Health Library
- Support for Vocational Services
- The Store

## **Low Vision Services**

Specially trained low vision optometrists evaluate a client's remaining vision to provide customized recommendations and education on how best to maximize their vision.

- Low Vision Clinic
- Lightening Evaluations & Contrast Training
- Low Vision Aids & Devices Training
- Low Vision Expo





## **Technology Program**

The Technology Program is leading the way in education and mastery of technology as a way to promote independence and reconnect clients with their community.

- Technology Lab Days
- Technology User Group
- Assistive Technology Training
- Concierge Training in Your Home
- Technology for Youth
- Vista TEC (Technology Education Conference)



### **Youth Services**

Youth services provide young clients and their families with the tools, strategies, confidence, and courage to dream big and build the future they choose.

- Family & Youth Activities
- When I Grow Up
- Teens Together Plus
- Braille Challenge
- Classroom Education



## **Community Services**

Vista Center is a resource and educator in the communities we serve.

- Classroom Outreach & Education
- Professional Staff In-services
- Paratransit, Public Transit, & Intersection Consulting
- Volunteers



## **Contact Us**

(800) 660-2009 www.vistacenter.org

#### **Offices**

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