

LOW VISION REHABILITATION SERVICES REFERRAL FORM

PATIENT INFORMATION:

2500 El Camino Real, Suite 100 **PALO ALTO**, CA 94306 650-858-0202

650-858-0214 FAX

(Near the corner of California Avenue and Page Mill Road. Parking and wheelchair access are at the back of the building.) 3315 Mission Drive, Suite B **SANTA CRUZ**, CA 95065 831-458-9766

831-426-6233 FAX

(Between Soquel Drive and Patterson Lane, turn at Doctor's Plaza sign. Wheelchair access in front of the building. Parking on the side of building.)

LOW VISION REHABILITATION SERVICES

An orientation to these services can be scheduled by calling VISTA CENTER.

Low Vision Evaluation

Low vision evaluations are provided by optometrists who are low vision specialists. Using special tests designed for the visually impaired, they can determine the appropriate aids, lighting, and techniques to improve functional vision.

Social Services & Support in Adjusting to Vision Loss

Social workers assess clients' needs for services provided by the Center and put them in touch with other community resources available to them. If the client is in agreement, this assessment generally takes place during an individualized visit to the client's home. Counseling helps both client and family cope with the special problems accompanying sight loss. Support groups offer an opportunity for clients to talk about strategies for coping with sight loss, exchange information about other available resources and discuss the grieving process that usually accompanies sight loss.

Orientation & Mobility

Our Mobility Specialists teach clients how to travel safely and independently. Instruction may include crossing streets, using a cane, using low vision devices for travel (e.g., monocular), using public transportation, orientation to the work place, in the community, at school, or orientation for dog guide users.

Daily Living Skills

Daily living skills instruction enables clients to become more independent by learning such skills as food preparation, home management, medical self-care, personal management (grooming), and money management.

Assistive Technology

We provide individual or group demonstrations and training on adaptive software, hardware, computers, tablets, and smartphones as well as other devices that can make a difference in the lives of people who are blind or visually impaired.